THALGO FACIALS

Thalgo uses the rich minerals of the sea to provide you with the benefit of their powerful healing and revitalising properties vital for health and well-being.

We recommend a course of from six to 12 sessions for maximum results.

(All treatments are also available for men).

A sixth treatment is FREE when you buy five.

Micronised marine algae facial 60mins

For all skin types, but particularly good for oily skin. A warm micronised algae cocoons the face and remineralises, rebalances and revitalises the skin.

Excellent as an introduction to a course of facials as it enables the skin to become more receptive to product.

Collagen velvet facial 75mins

This 100% collagen facial is a luxurious treatment which absorbs into the skin resulting in deep hydration whilst plumping out fine lines and wrinkles. Amazing results every time.

Organic terre and mer 60mins

This unique facial is suitable for all skin types, especially sensitive and rosacea. This aromatic infused facial, will leave your skin looking soothed and relaxed.

New oxygen³ facial 60mins

This triple action facial detoxifies protects and nourishes the skin against environmental free radical damage. Perfect for all skin types –

especially dull sluggish skin – leaving it oxygenated and refreshed.

Hydra moisture facial 60mins

One of the most popular facials for all skin types that need a boost and extra hydration.

The mask is cooling and refreshing, giving you a firmer skin tone and face contour.

The delicious comforting facial 60mins

This deeply nourishing facial uses extracts rich in omega 3 and 6. The skin is enveloped in, and infuses, deep-acting lipid replenishing ingredients to restructure and repair.

Good for those who suffer from a tight, dry or flaky complexion. You will feel the extreme comfort immediately and be left with a relaxed glow.

• Thalgodermyl (acne) 60mins

A facial that combines antiseptic and antiinflammatory oils resulting in perfectly balanced sebaceous function of the skin, leaving it rebalanced, decongested and hydrated.

• FOR MEN: The ocean facial 60mins

A facial massage designed for stressed skin that uses the goodness of highly energising Algue Bleue Vitale to leave you feeling refreshed, youthful and energised.

LUXE custom facial 30mins

The perfect introduction to Thalgo products; this super little facial is ideal for a quick pick-me-up.

- Collagen eye treatment for fine lines and wrinkles or...
- Warm algomega mask for puffy eyes and dark circles...
 ONLY £20 when added to a facial.

THALGO BODY TREATMENTS

LC24 body wrap 90mins

The revolutionary LC24 body wrap fights localized cellulite by draining fat cells and releasing impurities, preventing storage of fat. The LC24 leaves the skin smooth with visible results from the first treatment. A course of six recommended

Micronised marine algae 75mins

This warm and relaxing wrap works away whilst you relax. It stimulates circulation, increases metabolism and relieves aches and pains. Particularly effective for sufferers of fibromialgia.

Frigi Thalgo wrap 60mins

This is an intensive treatment encouraging the elimination of toxins and excess fluid: the results are immediate... 'freezing but fantastic'. Highly recommended for tired and heavy legs.

MASSAGE & HOLISTIC THERAPIES

Hot stones therapy 30/60/90mins

A deeply soothing massage using a unique combination of hot basalt stones and essential oils. The heat of the stones relieves the body of tension, improves circulation and promotes an overall feeling of well-being.

Relaxing well-being massage 60mins

A treatment for the whole body. All worries and stress will be massaged away using specially selected essential oils

• Back, neck & head massage 30mins

This focuses on those areas carrying most of our tension and stress. Sure to soothe and revitalise.

GOI FFRS...

• Get in the swing massage 30 or 45mins Golfers suffer from aches and pains in specific areas. This massage is designed to limber you up

before your round or relax you when you come off the 18th (and preferably after a shower, please).

• Deep tissue massage 60mins

An intensive, full body treatment. This massage helps to break up and eliminate scar tissue in areas prone to stress and contact injuries.

Back to heaven 60mins

This is the 'Bentley' of back treatments. Enjoy an invigorating exfoliation followed by heavenly hot towels, then lie back and enjoy a therapeutic warm mud wrap. This wonderful experience is finished off with a back massage to melt away aches and stress. Sheer bliss.

Mediterranean body buff 40mins

A body scrub to gently exfoliate and leave the skin feeling silky smooth. A rich nourishing Thalgo cream is applied to the body as the final touch to deeply regenerate the skin.

Reflexology 60mins

By massaging the reflex areas of the feet, the body is helped to heal and rebalance itself. This restores calm, creating a sense of well-being.

Hopi ear candle 30mins

Quite different from conventional wax candles, a Hopi ear candle is actually a cotton tube. impregnated with beeswax, honey and therapeutic oils. It is painlessly inserted into the ear to draw out impurities, relieve pressure in the head and sinuses, and aid hearing problems to leave you feeling deeply relaxed.

PREGNANCY

There is no better time for pampering. Indulge in one of these fabulous treatments, using **Mamma Mio** products... divine!

Pre-natal pregnancy massage 45mins

Nurtures mother and baby in the most relaxing way possible. Designed to relieve tension and muscle fatigue using exclusive Mamma Mio products.

The yummy tummy 60mins

This treatment begins with an application of 'pulse point oil' and gentle skin brushing to increase circulation, exfoliate and improve the tonicity of the skin. A concentrated serum and deep treatment mask will be applied to soothe and moisturize the abdomen.

Also enjoy a relaxing lower leg and foot massage as the Intensive 'tummy stretch-ease' serum and mask take effect.

36 weeks pre-hospital treat 75mins

A 30 minute pre-natal massage, bikini wax plus a classic pedicure. Now you're all 'prepped' and ready to go!

Post-natal massage 60mins

Up to four months after delivery your body still behaves as though it is pregnant.

The 'post-natal massage' is a relaxing top-to-toe treatment to help realign and restore your body as it naturally adapts and returns to being 'one person' again. This is your healing hour and you've earned it.

 All Mamma Mio products are available to purchase from the LUXE Day Spa reception

BEAUTY TREATMENTS

- Jessica Nail Products
- Deluxe manicure or pedicure 60mins
- Classic manicure or pedicure 30mins
- French polish + 10mins
- Natural nail rejuvenation 30mins

We concentrate on nourishing the nail and application of rejuvenating oils and do not advise a nail paint; the nail is buffed to bring up a natural look. Great for dry hands and feet.

WAXING

- Full leg
 Back (full or partial)
- Half legArm
- Underarm
 Upper lip
- ChestChin

TINTING

- Lash & brow
- Evelash tint
- Brow tint

TANNING

- Full body He-Shi tan 25mins
- Half body He-Shi tan 15mins

JANE IREDALE MAKE UP

The most beautiful cosmetic you can wear is a healthy skin. Jane Iredale is a true extension of skin care – and a new technology. So effective, it is recommended by plastic surgeons and dermatologists. Achieves a truly flawless look.

- Day make up
- Evening make up
- Bridal make up

LUXE Day Spa at Blackwood has treatments to pamper, tone and beautify to leave you feeling rejuvenated and stress-free.

LUXE services include: massage, facials, body wraps, body firming and reflexology... plus treatments to pamper mums-to-be through pregnancy and then help shape-up post natal using the **Mamma Mio** range of products.

LUXE offer beauty treatments including: waxing, tinting and tanning, as well as a comprehensive choice of bride, groom, hen and bridal party packages.

LUXE use exclusive products from French company, **Thalgo** which are manufactured using only the healthiest natural ingredients harvested from our seas including proteins, amino acids, minerals and vitamins; expertly prepared to help you slim, firm, detox and relax.

For more information or to make an appointment:

Call 028 91852112









DAY SPA AT BLACKWOOD

SPECIALITY PACKAGES

Enjoy one of the packages below or consult our team to design a day spa experience of your own.

• The LUXE happy hour 60mins £50

Choose any two treatments from:

- LUXF custom facial
- · Back and neck massage
- Custom body scrub
- Classic manicure or pedicure.
- The LUXE express 90mins £75

The perfect rapid makeover. Includes a LUXE custom facial, relaxing back and neck massage and a classic manicure or pedicure.

- The pre-party package 120mins £99 LUXE custom facial, body buff, nails: file and paint and evening make up.
- Mens' executive escape 90mins £75 LUXE custom facial, back & neck massage and executive manicure.

BRIDAL PACKAGES

Bride-to-be 6hrs £199

Includes a hydra moisture facial, Mediterranean body scrub, relaxing well-being massage, deluxe manicure and pedicure, full body tan and make up.

• Groom 90mins £75

Gents custom facial, half hour massage and an executive manicure.

Mother-of-the-bride 90mins £90

A collagen facial plus a classic manicure or pedicure.

• Bridal/Hen party 120mins - price on request Choose from: facials, massage, manicures, pedicures and tanning, plus make up of your choice

GIFT VOUCHERS

The perfect gift for family, friends, colleagues and loved ones. Available from reception or online at: www.luxedayspa.co.uk

LUXE CORPORATE PROGRAMMES

LUXE Day Spa offers special corporate gift certificates and services.

For more information or to make an appointment call... 028 91852112

tariff

THALGO FACIALS • Micronised marine algae facial: 60min • Collagen velvet facial: 75mins • Organic terre and mer: 60mins • New oxygen ³ facial: 60mins • Hydra moisture facial: 60mins • The delicious comforting facial: 60mins • Thalgodermyl (acne): 60mins • FOR MEN: The ocean facial 60mins • LUXE custom facial: 30mins	£55 £70 £60 £60 £55 £55 £55 £55	BEAUTY TREATMENTS Deluxe manicure or pedicure: 60mins Classic manicure or pedicure: 30mins (above with French polish: add £5) Natural nail rejuvenation: 30mins Nail: file and paint: 15mins French polish: 20mins WAXING Full leg	£45 £25 £25 £15 £20
Collagen eye treatment added to facialWarm algomega mask added to facial	£20 £20	Half legBikini	£17 £14
THALGO BODY TREATMENTS		Underarm Chest	£10 £20
 LC24 body wrap: 90mins 	£70	Back (full)	£30
Micronised marine algae: 75mins	£65	Back (partial)	£20
 Frigi Thalgo wrap: 60mins 	£45	• Arm	£15
0 101 11 11		Eyebrow	£9
MASSAGE & HOLISTIC THERAPIES	Upper lip	£7	
 Hot stones: 30/60/90mins £40/60/75 		• Chin	£7
 Relaxing well-being massage: 60mins 	£55		
 Back, neck & shoulders: 30mins 	£35	TINTING	
 Golfers' massage: 30 or 45mins 	£35	Lash & brow	£17
 Deep tissue massage: 60mins 	£55	 Eyelash tint 	£12
 Back to heaven: 60mins 	£50	Brow tint	£7
 Mediterranean body buff: 40mins 	£45		
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• The yummy tummy: 60mins	£55	Day make up	£20
36 weeks pre-hospital treat: 75mins	£70	Evening make up	£25
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